

REGISTRATION FORM

(Please Print)

Name _____

Address _____

City _____

State _____ Zip _____

Parent/Guardian _____

Home/Cell Phone _____

Email _____

Age _____ Grade (in Fall 2012) _____

School _____

Roommate _____ (2 per room)

T-Shirt Size: S M L XL

Please circle your choice of camp, and whether you will be an overnight or commuter camper, and if a parent is employed by UNCW.

Is either parent employed at UNCW? Yes No

\$50 Discount Applies for All Skills and Advanced Camp.

List UNCW Department: _____

Beginner Day Camp (age 8-13) **July 20-22**
AM GROUP or PM GROUP (*circle one) Day Camper \$150

All Skills Camp (5th-8th grade) **July 20-22**
Register by April 1st for \$30 early bird discount
Overnight \$315 Commuter \$280

Advanced Skills (9th-12th grade) **July 23-26**
Register by April 1st for \$30 early bird discount
Overnight \$425 Commuter \$370

High School Team Camp **July 27-29**
Teams registered by April 1st receive 4 official Molten game balls
Overnight \$280 Commuter \$240

Setter-Hitter Camp (9th-12th grade) **July 27-29**
*Circle One Position: Setter or Hitter
Overnight \$300 Commuter \$260

Volleyball Camps at Wilmington complies with all provisions of the American with Disabilities Act. If you are a qualified person with a disability and desire a reasonable accommodation to participate in this activity, please contact Amy Bambenek at 910-962-3242 during business hours of 8 a.m. to 5 p.m. to discuss accommodations at least 60 days prior to the start of the event.

I am a qualified person with a disability and need the following accommodations to participate in the activity: _____

This camp is neither supported, controlled, nor supervised by the University of North Carolina Wilmington but rather is under the sole supervision, control, and sponsorship of Camp Director Amy Bambenek.



AMY BAMBENEK
UNCW
HEAD VOLLEYBALL COACH

14 YEARS COLLEGE EXPERIENCE

COACH BAMBENEK'S INAUGURAL 2009 SEASON AS THE SEAHAWKS' NEW HEAD COACH BOASTED THE PROGRAM'S MOST WINS SINCE 1996 AND MOST RECENTLY IN THE 2011 SEASON THE LADY HAWKS FINISHED WITH THE MOST CAA WINS SINCE 1988.

BAMBENEK SPENT EIGHT YEARS AS AN ASSISTANT AND ASSOCIATE HEAD COACH AT THE GEORGE WASHINGTON UNIVERSITY, WHERE HER PRIMARY ROLE OF RECRUITING COORDINATOR BROUGHT GWU TO NEW HEIGHTS. SHE SPENT THREE SEASONS AT FLORIDA STATE UNIVERSITY AS AN ASSISTANT COACH AND CAMP DIRECTOR WHILE EARNING HER MASTER'S IN SPORT ADMINISTRATION. BAMBENEK WAS A 4-YEAR STARTER AT COASTAL CAROLINA UNIVERSITY AND HELPED HER TEAM TO A CONFERENCE CHAMPIONSHIP AND NCAA APPEARANCE IN 1996.

REGISTRATION FOR ALL CAMPS

- Completed application **ONLINE** or mail-in.
- Full payment or \$75.00 deposit is required.
- Credit cards accepted online **ONLY**.
- Team Campers may register individually online. High school coaches must email Camp Director, Amy Bambenek, a camp roster to ensure availability.
Email: bambeneka@uncw.edu

Register and Pay Online for Free!

www.volleyballcampsatwilmington.com

Amy Bambenek Volleyball Camps
PO BOX 20043
Wilmington, NC 28407

Camp Director: Amy Bambenek
Email: bambeneka@uncw.edu
Office: 910-352-5754

2012 VOLLEYBALL CAMPS AT WILMINGTON



BEGINNERS ONLY DAY CAMP
JULY 20-22

ALL SKILLS CAMP
JULY 20-22

ADVANCED SKILLS CAMP
JULY 23-26

HIGH SCHOOL TEAM CAMP
JULY 27-29

POSITION CAMP
JULY 27-29

ONLINE REGISTRATION NOW AVAILABLE

WWW.VOLLEYBALLCAMPSATWILMINGTON.COM

GENERAL INFORMATION

- Online Registration is **PREFERRED** and it's **FREE**
- Liability and medical waiver can be downloaded from the website. **EACH CAMPER MUST COMPLETE BOTH FORMS AND TURN IN AT CAMP CHECK-IN.** Campers will not be allowed to participate without the completed forms.
- Athletic trainers will be on duty to monitor the well being of our campers during camp.
- **Your required deposit of \$75.00 is applied to your balance, and is NON-REFUNDABLE.** No refunds will be issued upon expulsion or voluntary withdrawal from camp once it has begun.
- College coaches and college players (current and former) will serve as camp staff instructors.
- Overnight campers need to bring linens, towels, and toiletries. Dorms are air conditioned, and only two campers per room.
- Each camper will receive a camp T-shirt and volleyball.
- Please make checks payable to: **Amy Bambenek Volleyball Camps.** Please **DO NOT** make checks out to UNCW.
- Commuter campers will check in at the respective camp dorm the first day. After the first day Drop off and Pick up will be at Trask Coliseum.
- Mail-In applications make checks payable to:

Amy Bambenek Volleyball Camps
PO BOX 20043
Wilmington, NC 28407

MEALS

UNCW's Wagoner Hall and other outside food service providers will be utilized to guarantee that our athletes are receiving nutritious and healthy meals. All meals will be provided to the overnight campers and lunch and dinner will be provided for commuters. Meals are not provided for beginners only camp.

FACILITIES



Instruction will take place at UNCW in Hanover Hall (Home of Seahawk Volleyball) and Trask Coliseum (Home of Seahawk Basketball).

BEGINNERS ONLY DAY CAMP

JULY 20-22

Day Camper \$150

AM GROUP 8:30am-12:00pm

PM GROUP 2:30-6:00pm

- **\$75 Non-Refundable Deposit Required**
- **Final Payment Due by first day of camp**
- **Camper Limit: 30 per group**
- **No early bird or UNCW employee discounts apply**

Beginners Camp Description: Must choose AM or PM Group

CHECK-IN for AM Group: July 20 @ 8:30am (Hanover Hall)

CHECK-IN for PM Group: July 20 @ 2:30pm (Hanover Hall)

This is a 3-day camp designed specifically for first time volleyball player's age 8-13 years old (3rd-8th grade). Each day basic fundamental skills and beginner level drills will be taught and reviewed. Campers will have a 30 minute break and will be provided with a drink and snack before finishing the day with fun drills to incorporate the daily volleyball skills learned. This is a great crash course for volleyball beginners!

ALL SKILLS CAMP

JULY 20-22

Overnight Camper \$315

Commuter Camper \$275

- **Register by April 1st for \$30 early bird discount**
- **\$75 Non-Refundable Deposit Required**
- **Final Payment Due by first day of camp**
- **UNCW employee children receive \$50 discount**

All Skills – 3 Day Camp Description (7 sessions)

CHECK-IN 12:30pm @ UNCW Campus Dorm (TBA)

CHECK-OUT 4:30pm @ UNCW Campus Dorm (TBA)

This is a commuter or overnight camp designed to train girls entering 5th-8th grade at the intermediate to advanced level. Campers will use competitive game situations and be taught the skills and techniques of passing, setting, attacking, serving and defense.

Example Camp Schedule: 9:00am-11:30am

(Includes Meal Breaks) 2:00pm-4:30pm

6:30pm-9:00pm

ADVANCED SKILLS CAMP

JULY 23-26

Overnight Camper \$425

Commuter Camper \$375

- **Register by April 1st for \$30 early bird discount**
- **\$75 Non-Refundable Deposit Required**
- **Final Payment Due by first day of camp**
- **UNCW employee children receive \$50 discount**

Advanced Skills – 4 Day Camp Description (9 sessions)

CHECK-IN 12:30pm @ UNCW Campus Dorm (TBA)

CHECK-OUT 11:30am @ UNCW Campus Dorm (TBA)

This is a commuter and overnight camp designed for the intermediate to advanced volleyball player (Grades 9-12 for fall 2012) who is looking for a more intense camp experience. The camp will offer advanced skill instruction sessions in the skills of passing, setting, attacking, serving and defense as well as position training and tournament play. It is recommended that the athletes have played at least one year on a Varsity, JV or on a Junior Olympic or club team.

Example Camp Schedule: 9:00am-11:30am

(Includes Meal Breaks) 2:00pm-4:30pm

6:30pm-9:00pm

HIGH SCHOOL TEAM CAMP

JULY 27-29

Overnight \$280 per person

Commuter \$240 per person

*One coach free for every 8 player OR \$150 for an additional coach.

*Teams registered by April 1st receive 4 official Molton game balls.

*Free Coaches Clinic for all High School Coaches that attend!

- **EACH CAMPER MUST REGISTER INDIVIDUALLY AND IS REQUIRED TO MAKE A \$75 Non-Refundable Deposit**
- **Final Payment Due by first day of camp**

Team Camp – 3 Day Camp Description (6 sessions)

CHECK-IN 1:00pm @ UNCW Campus Dorm (TBA)

CHECK-OUT 12:00pm @ UNCW Campus Dorm (TBA)

Team camps are for teams that are looking to get a head start of the high school volleyball season. Each team will be assigned a College Level Court Coach and UNCW player assistant coach. This camp will focus on skills review, competitive drills, team strategies and competition against other teams. The camp will conclude with a tournament and playoffs.

SETTER-HITTER POSITION CAMP

JULY 27-29

Overnight \$300 per person

Commuter \$260 per person

- **\$75 Non-Refundable Deposit Required**
- **Final Payment Due by first day of camp**
- **No early bird or UNCW employee discounts apply**

Position Camp Description (6 sessions) (9th-12th grade)

Setters and Hitters will train separately on courts to receive advanced skill instruction, and come together at the end of sessions to work together. The primary focus is quality repetition with position specific training. **Camper Limit: 16 campers per position.**